



THE 2ND INTERNATIONAL
CONGRESS ON

GOLF + HEALTH

Lets talk about the health benefits of golf

Sign up for the 2nd International Congress on Golf and Health on **18-19 July 2022** at RCSEd!

The 2022 edition will take place in Scotland, the Home of Golf, with the kind support of our platinum sponsor, Stryker, at a time where golf has been highlighted to have a wide range of health benefits. International consensus has recently been published on illness and injury in golf and there will be satellite events at each of the major Scottish tournaments this year highlighting the health benefits of golf.

Join us to hear talks on:

- Golf's contribution to global health, and what is new in golf research
- Illness and injury in sport
- Analysing injuries in golf
- Rapid fire research updates in golf & health
- Mental health and well-being in sport
- Performance nutrition & sports science in golf
- Connecting primary care patients to golf for health
- Why the world should play golf

Book now: www.rcsed.ac.uk/GolfHealth



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