



THE 2ND INTERNATIONAL
CONGRESS ON

GOLF + HEALTH

The 2nd International Congress on Golf and Health follows on from the successful 2018 event, which had input from the World Health Organization, National Government, International Governing Bodies, and world leading research regarding all aspects of golf, health and performance.

The 2022 edition will take place in Scotland, the Home of Golf, at a time where golf has been highlighted to have a wide range of health benefits. Major golf events will be held in Scotland this year including The 150th Open, the AIG Women's Open, the Senior Open presented by Rolex, Genesis Scottish Open and Trust Golf Women's Scottish Open.

International consensus has recently been published on illness and injury in golf and there will be satellite events at each of the major Scottish tournaments this year highlighting the health benefits of golf.

2nd International Congress on Golf and Health

18th July 2022

18:00	Photo Opportunity		Scottish Parliament / RCSEd
18:45	Drinks reception with Q&A		RCSEd
	The Global Action Plan on Physical Activity	Fiona Bull World Health Organization & Head of Physical Activity	
	Scottish Government approach to exercise & activity	Maree Todd Scottish Government Minister for Public Health & Sport	
	Golf and Health - The facts	Andrew Murray CMO European Tour	
	The R&A - Global Governing Body	Phil Anderton CDO The R&A	
	Football's experience	Jiri Dvorak Former CMO FIFA	
	Golf & Disability	Tony Bennett President of EDGA	
19:45	Dinner		RCSEd

Plenary Session

Chair - Dr Roger Hawkes

President BASEM, Director of Eligibility of EDGA

19th July 2022

08.15-09.00 Coffee			
09.00-09.10	Welcome	Jan Cutting/Michael Griffin	Symposium hall
09.10-09.30	Global Public Health and the Global Action Plan on Physical Activity	Fiona Bull (AUS/CH)	
09.30-09.50	Getting people more active, more often in Scotland	Marie Todd (UK)	
09.50-10.10	Golf's Contribution to global health, and what is new in Golf research	Andrew Murray (UK)	
10:10 – 10:30	Illness and injury in sport	Debbie Palmer (IOC)	
10:30 – 10:50	Analysing injuries in golf	Jiri Dvorak (CH)	
Coffee, exhibitor space and posters			
11:20 – 11:50	Rapid fire research updates in golf & health	John Fry (UK) Saskia Gladdines (NED) Denise Eygendaal (NED)	Symposium hall
Parallel theme (MSK)			
11:50 – 12:20	The hand and wrist in golf	Doug Campbell (UK)	Symposium hall
12:20 – 12:50	MSK Imaging in upper limb golf	Phil O'Connor (UK)	
Parallel theme (Health Benefits)			
11:50 – 12:10	Golf - an inclusive sport for all	Tony Bennett (UK)	Break room 1
12:10 – 12:30	Connecting primary care patients to Golf for Health: Design and evaluation of a social prescribing scheme	Frank Sullivan (UK)	
12:30 – 12:50	Keeping golfers well	TBC	
Lunch, exhibitor space and posters			

Parallel session (MSK)

14:00 – 14:30	The golfer's hip	Damian Griffin (UK)	Symposium hall
14:30 – 15:00	Physical preparation for golf	Dan Coughlan (UK)	

Parallel session (Health Benefits)

14:00 – 14:30	Performance nutrition & sports science in golf	Graeme Close (UK)	Break room 1
14:30 – 15:00	Mental health and well-being in sport	Margo Mountjoy (CAN)	

Coffee, exhibitor space and posters Chair – Dr Chris Nevill

15:20 – 15:40	Playing golf with osteoarthritis	Prakash Jayabalan (USA)	Symposium hall
15:40 – 16:00	Returning to golf after joint replacement	Patrick Robinson/ Nick Clement (UK)	
16:00 – 16:40	Why the world should play golf	Charlie Foster (UK)	
16:40 – 17:00	Round up & close	Roger Hawkes (UK)	

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